



Emerging Frontiers in Psoriatic Arthritis

Wednesday 20th September 2017
Hilton Metropole, The NEC, Birmingham B40 1PP

Third Annual Meeting
"facilitating and
advancing research and
best practice in psoriatic
arthritis in the UK"

Chairs: Professor Bruce Kirkham, Guy's & St. Thomas' Hospital Professor Oliver FitzGerald, University College Dublin

| Final Programme | | |
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| 10.00am | Arrival and registration with tea, coffee and pastries | |
| 10.30am | Welcome and overview of the day | Prof Bruce Kirkham |
| 10.35am | Brit-PACT - who we are | Dr Sonya Abraham |
| 10.40am | Microbiome science; evidence for a disturbed gut in Rheumatic Disease | Prof Julian Marchesi |
| 11.15am | Diet and Arthritis - How to change it? | Prof Gary Frost |
| 11.45am | Three Trainee Presentations | 10 minutes per presentation |
| 12.20pm | Lunch | |
| 1.30pm | Patient perspective: Work disability and Psychological Issues | Mrs Mel Brooke and Mr Andrew Parkinson |
| 1.45pm | Introduction to workshops: – Work Disability – Psychological Issues in Psoriasis and PsA | Dr William Tillett (5-7 mins) Prof Brian Kirby (5-7 mins) |
| 2.00pm | Workshops – please choose 2 of 3 (at registration): – Work Disability in PsA – Developing New Instruments/Composite Tools – Depression/Anxiety in PsO | Dr William Tillett Dr Laura Coates Prof Brian Kirby & Dr Mark Turner |
| 3.00pm | Jak inhibitors in SpA | Prof Iain McInnes |
| 3.30pm | Refreshments | |
| Combined Brit-PACT & BRITSpA Meeting | | |
| 4.00pm | Welcome – Brit-PACT and BRITSpA | Dr Sonya Abraham, Brit-PACT & Dr Andrew Keat, BRITSpA |
| 4.10pm | NICE Guidelines on SpA Treatment | Dr Nicky Goodson, Dr Jon Packham & Dr Louise Warburton |
| 4.40pm | - Latest data from BSRBR-AS and associated studies - BSRBR PsA - The current state of play | Prof Gary Macfarlane |
| 5.05pm | Analysis of COMOSpA data | Dr Mohammad Derakhshan & Dr Stefan Siebert |
| 5.30pm | Debate: "This house believes that Treatment of SpA patients should be based on a 'Treat to Target' approach" | Chair: Dr Stefan Siebert Proposers: Dr Laura Coates & Dr Toni Chan Against: Dr William Tillett & Dr Lesley Kay |
| 6.30pm | Meeting close | Prof Oliver FitzGerald |
| Drinks followed by dinner at 7.30pm - Booking required | | |

Please confirm your attendance by e-mail to BIRD@birdbath.org.uk

Brit-PACT will cover dinner and accommodation costs for all members attending this meeting. Fellows travel costs will also be reimbursed.

Supported by the following pharmaceutical companies through educational grants, they have had no editorial control on the content of the programme.



Accreditation from the Royal College of Physicians has been applied for under course code 113642.